501/Nut. 22-23 / 42313

B.Sc. Semester-IV Examination, 2022-23 NUTRITION [Honours]

Course ID: 42313 Course Code: SH/NUT/403/C-10

Course Title: Diet Therapy II

Time: 1 Hour 15 Minutes Full Marks: 25

The figures in the right-hand margin indicate marks.

Candidates are required to give their answers in their own words as far as practicable.

Answer all the questions.

UNIT-I

1. Answer any **five** of the following questions:

 $1 \times 5 = 5$

- a) What is obstructive jaundice?
- b) What is DASH diet?
- c) Give the names of any four low glycaemic foods.
- d) What is prudent diet?
- e) Express the term 'lipid profile'.
- f) What are the basic differences between nephrosis and nephritis?
- g) Write the names of any two non-calorie sweeteners.

[Turn Over]

h) What is insulin resistance syndrome?

UNIT-II

2. Answer any **two** of the following questions:

 $5 \times 2 = 10$

- a) What do you mean by hypochromic microcytic anaemia? Who are the vulnerable groups for this anaemia? Mention the clinical findings of hypochromic microcytic anaemia. 1+1+3=5
- Discuss the factors affecting the renal calculi.

 2+3=5
- c) Give the dietary management of a patient suffering from cirrhosis of liver. What is ascites? 4+1=5
- d) What is acute renal failure? Explain the causes and treatment of acute renal failure. 1+4=5

UNIT-III

3. Answer any **one** of the following questions:

 $10 \times 1 = 10$

a) What is atheroma? Explain the pathogenesis of atheroma formation. Briefly describe the role of PUFA and MUFA in coronary heart disease.

1+4+5=10

b) What is the significance of HbA₁C? Explain the role of dietary fibre and protein for the control of diabetes mellitus. Write a short note on gestational diabetes mellitus. 2+5+3=10

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